

Supplement Reference Guide

| SUPPLEMENT | DESCRIPTION | DIRECTIONS |
|--------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| 5 HTP CR | Supports normal appetite, restful sleep pattern, healthy mood, and positive outlook | 1 tablet, up to 2 times daily with meal |
| Active B-Complex | Balanced hypoallergenic B-complex featuring active forms of B2,B6,B12 (6S) 5-Methyltetrahydrofolate | 1 to 2 Capsules daily with food |
| AdreCor™ | Advanced adrenal and catecholamine support; reduces fatigue under stress | 1 to 3 caps, 1 to 2 times daily |
| AdreCor™ with Licorice Root | Advanced cortisol support; reduces fatigue under stress | 1 to 3 caps, 1 to 2 times daily |
| AdreCor™ with SAME | Premium methylation support; reduces fatigue under stress | 1 capsule twice daily |
| Adrenal Essence® | Supports healthy energy levels, antioxidant activity and healthy immune function | 1 capsule twice daily |
| Adrenal Rebuilder | Supports adrenal function, stress response and helps reduce fatigue | 1 caplet, 3 to 6 times a day |
| ALA Med | Supports antioxidant activity and healthy blood sugar levels | 1 tablet 30 min. before breakfast & 1 tablet 30 min. before lunch |
| Ayur-Ashwagandha | Supports healthy stress response and cortisol levels | 1 capsule daily |
| Balance D | Premium dopamine support (healthy stress response) | 1 to 2 capsules, 1 to 2 times daily |
| Berberine UltraSorb | Supports heart health; supports healthy blood sugar metabolism, cholesterol maintenance and antioxidant activity | 1 capsule, twice daily |
| Bio C 1:1™ | Supports antioxidant activity, immune function and collagen synthesis | 1 capsule daily |
| Bone Guard | Supports bone health (Calcium, Magnesium, Vitamin D). | 2 capsules with meals twice daily |
| C + BioFizz™ | Supports antioxidant activity, immune function, and collagen synthesis | 1 teaspoon (4 grams) as needed per day |
| Calm CP® | Advanced calming support. Supports healthy cortisol levels. Supports healthy stress response | 2 capsules, 1-2 times daily |
| Calm G™ | Advanced calming support. Inhibits glutamate activity | 1 to 2 capsules, 3 to 4 times daily |
| Charcoal Plus Binder | Broad spectrum binding, supports healthy detoxification, promotes elimination pathways | 2 soft gels daily |
| Chromium Synergy™ | Supports insulin activity, heart health and blood glucose levels | 1 capsule daily with a meal |
| CoQ10 100mg Max | Supports heart health and energy levels. | 1 soft gel, 1 to 2 times daily. Optimal results achieved by consuming with meals that contain fat |
| Cortisol Manager™ | Promotes relaxation and sleep; helps reduce fatigue | Take 1 tablet before bedtime. Increase to 2 tablets during times of high stress. |

Age Management • Men's Health • Gynecology • Bio-identical Hormone Balancing • Strength and Conditioning Weight Loss • IV Therapy • Brain Health • Toxin Elimination • Digestive Health

Supplement Reference Guide

| D2 0000 | Conservate have breeth breight and incorporation | A soft wall daily. |
|--------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| D3 2000 | Supports bone health, brain health and immune function | 1 soft gel daily |
| DHEA 5mg and 25mg | Supports healthy aging, energy levels, and metabolism | 1 capsule daily with a meal |
| Digestzymes™ | Supports digestive health and weight control | 1 capsule daily with meal |
| Dona | Supports cartilage and joint function | 2 capsules daily |
| E-Balance | Supports healthy estrogen levels. | 2 capsules daily |
| ExcitaPlus™ | Strongest adrenal and catecholamine support product by NeuroScience, Inc. Reduces fatigue under stress | 1 to 3 capsules, 1 to 2 times daily |
| FemQuil [®] | Menopause support | 1 capsule three times daily |
| Focus DL® | Phenylalanine is the precursor to phenylethylamine (PEA). Decreased PEA has been associated with inattentiveness | 1 to 2 capsules, 1 to 2 times daily |
| Gaba Trex [™] Chewable Tablets | Calming support; inhibits glutamate activity. | Chew 1 tablet as needed |
| GI Microb-X | Supports digestive health (antimicrobial activity on common pathogens) | 1 capsule daily |
| GI Revive | Comprehensive support for optimal gastrointestinal health and function. Supports gut associated immune function, healthy mucosal lining and inflammatory response. | Mix 1 scoop in water once daily or as recommended |
| GlutAloeMine® | Supports digestive health (production of microflora and short chain fatty acids) | Take as recommended |
| Glutathione GSH Liposome | Immune support (glutathione functions to protect cells from free radicals) | 3/4 tsp (4ml) once daily, on an empty stomach or between meals |
| HistDAO | Breaks down food-derived histamine in the digestive tract. | Take as recommended |
| Immune Essentials™ | Immune support against acute foreign microbial challenges | For early & immediate support, 3 capsules with water on empty stomach. Repeat 1 to 2 times within 24 hours |
| Inflamed | Supports body inflammation | 4 capsules per day with meals, or as directed |
| InsomnitoI™ Chewables | Supports quality sleep. (Not recommended for persons with: Autoimmune conditions, immune-related cancers, pregnancy, lactation, or trying to become pregnant) | 2 chewables, 30-60 minutes prior to bedtime |
| K2-D3 5000 | Supports bone and immune health | Take as recommended |
| Kaprex [®] | Support for relief of joint pain | 1 soft gel twice daily with food |
| Krill Oil | Supports heart, joint and brain health. | Take as recommended |
| L-Lysine | Supports in decreasing/preventing fever blisters and herpes outbreaks | 2 capsules daily |
| Leptin Manager™ | Targets fat cells, affects serum leptin levels and supports weight loss | Take 1 capsule in the morning |

Age Management • Men's Health • Gynecology • Bio-identical Hormone Balancing • Strength and Conditioning Weight Loss • IV Therapy • Brain Health • Toxin Elimination • Digestive Health

Supplement Reference Guide

| Supplement Reference dutie | | | |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|--|
| Liposomal C | Immune system support | Take 1 tsp (5mL) once or twice daily with food | |
| Liver Protect™ | Supports healthy liver function | 1 capsule twice daily | |
| Magnesium Buffered Chelate | Supports energy levels and heart health | 2 capsules daily | |
| Melatonin SR | Supports healthy sleep cycle | 1 capsule, 30 to 60 min. before bedtime | |
| MemorAll™ | Supports healthy cognitive and memory function | 1 capsule twice daily | |
| Methyl Guard B12 | Supports healthy methylation, pregnancy outcomes and nervous system | Take one cherry-flavored tablet daily, or as directed by health care provider | |
| Methyl Protect® | Supports healthy methylation, homocysteine levels and pregnancy outcomes. | 1 to 2 capsules, 1 to 2 times daily | |
| MinRex [®] | Supports mineral repletion | 2 capsules daily | |
| N.O. max™ ER | Supports cardiovascular health, inflammation, muscle function, and wound healing | Take 3 caplets twice daily: 3 caplets 30 min. before breakfast & 3 caplets 30 min. before lunch w/ 8 oz water | |
| NAC | Supports the body's natural defense system. | 1 to 2 capsules, twice daily between meals | |
| Neuro Replete® | Supports mood, sleep cycle, concentration, involuntary muscle movement, and cravings. | 4 capsules, 1 to 2 times daily | |
| NiaVasc™ | Supports healthy lipid levels and heart health | 1 tablet, 1 to 2 times daily with food | |
| Omega Oils 780 EC™ | Supports healthy heart, brain, nervous system, joint and inflammation | 1 to 2 soft gels 1 to 3 times daily | |
| O.N.E Multivitamin | Multivitiamin | 1 capsule daily | |
| OptiFiber [®] Lean | Supports feeling of fullness, weight control, glucose metabolism, cholesterol metabolism and healthy bowel movements | Mix 1-2 scoops in 8-12 oz of water & consume1x daily or mix 1 scoop & consume 30-60 minutes before each of your two biggest meals | |
| OptiMag 125 | Supports healthy heart, bone, energy levels and blood sugar | 1 to 2 capsules twice daily | |
| Probio Daily (30 billion) | Supports immune response, bowel regularity and lactose digestion | 1 capsule with water daily | |
| ProbioMax® DF (100 billion) | Supports digestive health and immune function | 1 capsule with water daily | |
| ProbioMax [®] Sb DF (30 billion) | Supports bowel regularity, gastrointestinal-based immunity and healthy intestinal microecology | 1 capsule with water daily | |
| Prostate Supreme™ | Supports prostate health | 1 soft gel twice daily | |
| PS 100 | Supports brain function | 1 soft gel up to 3 times daily with a meal. Best kept refrigerated | |
| Quercetin + Nettles | Supports heart health and inflammation | 3 capsules daily with meal | |
| Red Yeast Rice | Supports heart health | 1 capsule, 1 to 3 times daily | |

Age Management • Men's Health • Gynecology • Bio-identical Hormone Balancing • Strength and Conditioning Weight Loss • IV Therapy • Brain Health • Toxin Elimination • Digestive Health

| Supplement Reference Guide | | | | |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| RegeneMax Plus® | Supports healthy bone, cartilage, hair, and nail growth | 1 capsule twice daily | | |
| Saloxicin™ | Supports pain relief and inflammation reduction | 2 capsules twice daily | | |
| SAMe 200 | Supports nervous system and joint health | 1 capsule daily or as recommended | | |
| SynovX® Recovery | Supports joint health and recovery | 2 capsules twice daily | | |
| Taurine | Support for tissue, eyes, muscle and cardiovascular systems. Helps maintain brain, heart, eyes and soft tissue health. Provides immune and antioxidant support. | 1 capsule, 1 to 2 times daily | | |
| Thyroid Synergy™ | Supports thyroid function | 2 capsules twice daily | | |
| Travacor™ | Top recommended serotonin support by NeuroScience, Inc. Advanced calming support | 1 to 3 capsules, 1 to 2 times daily | | |
| UT Synergy™ | Support for urinary tract infections | 2 capsules daily | | |
| Uva Ursi Max-V | Support for urinary tract health | 1 capsule daily, between meals | | |
| Viragraphis™ | Supports healthy immune function, inflammation and respiratory system | 2 capsules 4 times daily for 1 to 3 days and then reduce dose per doctors' order. Recommended for short-term use. | | |
| XymoBolX™ | Supports muscular function and recovery (Lemon or Fruit Punch) | Dissolve one scoop (6.8 g) into 8-12 oz of room-temperature water & consume once per day 30 to 60 minutes prior to resistance exercise or between meals | | |
| Zinc Glycinate | Supports immune system, reproductive health and antioxidant activity | 1 capsule daily | | |

RETURN POLICY:

The Renewal Point gladly accepts unopened supplement returns within 60 days from the date of purchase for a full refund (minus any applicable shipping fees). Once we receive your return, we will promptly process the refund due, however it may take 2-3 days for the refund to post to your account.

We must receive these products unopened and in new condition, therefore, the label should be reviewed prior to opening a product. Food, heat sensitive items, and special orders products are non-returnable and non-refundable.

If you have any questions, please call us at (941) 926-4905 or e-mail us at vitamins@therenewalpoint.com

**These statements have not been evaluated by the Food and Drug Administration (FDA). This information is not meant to diagnose, treat or cure any disease or medical condition. Please consult your doctor before starting any health or nutritional supplement program or before using these or any product during pregnancy or if you have a serious medical condition.

Revised 12/12/23